

Food cafe menu



toasted sandwiches (white or wholemeal bread, until 4pm)

leg ham, tomato + cheese	7.5
fried egg, bacon + cheese	7.5
chicken club sandwich w bacon, lettuce, tomato, avocado + mayonnaise	8.9

baguette, wrap (white or wholemeal) or toasted foccacia (until 4pm)

chicken breast w semi-dried tomato, guacamole, lettuce + whole egg mayonnaise	9.9
leg ham w tasty cheese, tomato, salad greens + dijon aioli	9.9
greek lamb w tomato salsa, roast pumpkin, spanish onion, rocket + tzatziki dressing	9.9
spring smoked salmon w spanish onion, capers, rocket + dill crème fraiche	11.9
vegetarian w roast capsicum, lettuce, semi-dried tomato, roast pumpkin, fetta + basil pesto	9.9

kids choices (children 12 & under)

penne bolognese	chicken nuggets + chips	all 8.9
ham + pineapple pizza	fish + chips	
cheeseburger + chips	chicken schnitzel + chips	

something to start

daily soup w toasted turkish bread	8.5
garlic bread or cheese + mustard bread	5.9
chips w chilli jam + aioli	small 4.5 / large 6.5
bruschetta tomato, bocconcini, fresh basil + olive oil	8.9
potato wedges w sour cream + sweet chilli sauce	7.9
vegetarian spring rolls w dipping sauce	7.9
arancini balls crumbed risotto ball w mozzarella + garlic on tomato puree	9.9
grazing plate a selection of marinated olives, asian pumpkin + beetroot dip, fresh prosciutto + cheese served w warm pita-bread	14.9

tpnd tasting plate

for 2 people 30

salt + pepper squid, grilled chorizo, arancini balls, vegetarian spring rolls, dips, olives + fetta w grilled pita bread served w garlic aioli + chilli jam

salads

caesar cos lettuce w baked croutons, crisp prosciutto, parmesan, poached egg + caesar dressing	15.9
caesar w chicken	17.9
warm chicken salad grilled chicken breast w mixed greens, sundried tomatoes, avocado, toasted almonds, spanish onion w a honey-mustard vinaigrette	16.9
grilled lamb salad marinated lamb w roasted pumpkin, fetta, roast capsicum, mint + kalamata olives tossed w mixed greens + herb tzatziki dressing	17.9
salmon salad nicoise w green beans, olives, egg, tomato + chat potatoes	18.9

risottos + pasta

lasagna pumpkin, zucchini, eggplant, roasted capsicum + fetta in a rich napolitana sauce served w salad	16.9
chicken risotto w avocado, mushrooms, spring onions + smoky bacon cooked w white wine, chicken stock + light cream	17.9
penne w chorizo, jalapeno chilli, olive + bacon cooked in tomato sauce w parsley	17.9
prawn linguini w spring onion, capsicum, broccoli, fresh basil, tomato + chilli	18.9

pizzas	9' 12'
margarita w fresh tomato + basil	13.9 19.9
hawaiian leg ham + pineapple	15.9 22.9
vegetarian roast pumpkin, mushroom, capsicum, olives, onion + fetta	15.9 22.9
meatlovers leg ham, chicken, bacon, chorizo + bbq sauce	16.9 23.9
tpnd special prosciutto, roast capsicum, fresh tomato, basil + bocconcini	17.9 24.9
mexican chorizo, capsicum and jalapeno chili topped w fresh guacamole + sour cream	17.9 24.9
thai chicken capsicum, spanish onion, sweet chilli + fresh coriander	18.9 25.9
marinated lamb fetta, olives and spanish onion, topped w fresh rocket + tzatziki dressing	18.9 25.9
marinara prawns, calamari and anchovies w spanish onion + fresh basil	19.9 26.9
smoked salmon spanish onion and capers w fresh rocket + dill crème fraiche	19.9 26.9

extra topping cheese, pineapple, capsicum, anchovies, fresh tomato, olives	1.0
chorizo, bacon, leg ham, chicken, mushrooms	2.0
prawns, calamari, prosciutto	3.0

mains

steak frites 350gm rib eye on the bone w cafe de paris butter, chips + green leaf salad	28.9
oven roasted salmon w roasted kiffler potato, broccolini + dill butter	25.9
mediterranean stuffed chicken breast wrapped in prosciutto on creamy risotto w broccolini	23.9
salt and pepper squid w chips, garlic aioli + rocket salad	18.9
coopers beer battered garfish w chips, housemade tartare sauce + salad	21.9
green chicken curry cooked w green beans in aromatic spices, jasmine rice + pappadum	18.9
coorong angus beef schnitzel crumbed w chips + salad	17.5
chicken schnitzel crumbed chicken breast w chips + salad	17.5
parmigiana chicken or beef schnitzel topped w napolitana sauce, grilled cheese + salad	20.5
tpnd burger prime beef w fresh tomato, bacon, cheese, egg, lettuce, tomato relish + chips	15.9
tpnd chicken burger tender chicken breast, smoky bacon, avocado, lettuce, tomato + mayonnaise served w chips	15.9

on the side

mushroom, pepper, dianne or gravy	2.5
steamed broccolini + green beans	5.5
garden salad w tomato, cucumber + red onion	5.5
greek salad	7.5

desserts

sticky date pudding w caramel sauce + vanilla ice cream	6.5
rich chocolate pudding w vanilla ice cream	6.5
ice cream sundae w assorted toppings + crushed nuts	4.5

assorted cakes, muffins + sweets on display